

(Check out [www.catholic.org/saints/](http://www.catholic.org/saints/))

# The Choosing of a Christian Name

It is a long tradition of the Catholic Church for Confirmation Candidates to choose a patron saint's name for their Christian name. The preferred name, however, is the baptismal name because it expresses the relationship that exists between Baptism and Confirmation, Confirmation being the completion of Baptism

If a new name is taken, however, it should be the name of a recognized Saint of the Catholic Church. If your baptismal name is not that of a recognized Saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a Patron Saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that that person led.

Candidates Name \_\_\_\_\_

Confirmation Chosen Saint's Name \_\_\_\_\_

Saint's Feast Day \_\_\_\_\_

Saint's Place & Date of Birth \_\_\_\_\_

Date of Death, & How they Died \_\_\_\_\_

Basic story about this Saint's life. Tell what they did to earn sainthood.  
(Continue on back side if necessary) \_\_\_\_\_

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How is this Saint a model for today's Christian? \_\_\_\_\_

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What do you most admire about this person? \_\_\_\_\_

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Ask your parents or whoever named you, how or why they picked that name you received at birth.